

CENTERED IN MOTION

Chiropractic & Movement Rehabilitation

Claudia Holderegger, DC

AVCA Certified Animal Chiropractor

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www.centeredinmotion.com



What is Animal Chiropractic?

Chiropractic care is a holistic approach to many of the health and performance problems of an animal. Chiropractic care does not replace traditional veterinary medicine and surgery, but provides an alternative and complementary method of care. Chiropractic adjustments have proven to be invaluable in detecting and treating gait abnormalities and other performance problems in athletic animals. They have also been shown to alleviate pain in the back and neck of animals. Some nerve damage, such as pressure on the sciatic nerve, has responded well to chiropractic adjustments.

Initially, a complete chiropractic examination is performed. This typically includes a case history, including any previous veterinary work performed, posture and gait analysis, static and in-motion palpation of the spine and its joints, muscle palpation, and a check for any changes in temperature along the spine.

Once the initial examination has been completed, an animal chiropractor will perform adjustments to the area(s) of the spine that are affected, so as to return the joints to normal motion, and to alleviate any muscle spasms or pain. A chiropractic adjustment is a very specific, high-velocity, low-force, controlled thrust, which is directed in a specific direction on a specific joint.

Chiropractic care should not be thought of as a replacement for conventional veterinary medicine, but rather as a valid, concurrent, complementary treatment procedure for many back and lameness problems. As with any health-related problems or conditions that your animal may experience, it is important that your veterinarian be contacted initially so that she or he can assess your animal for underlying medical conditions that could be causing the symptoms.

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Animal Chiropractic Services

The First Visit

The initial visit involves taking a history, performing any necessary physical and chiropractic examinations, reviewing any x-rays or tests performed by your veterinarian (if available), and giving you, the owner, a report of the findings. Based on the available information, it is determined if chiropractic treatment is appropriate.

Most animals demonstrate some immediate changes post-treatment, but it commonly takes a couple of days for the animal to experience the full benefits of the adjustments, and for you to see any behavioral and/or physical changes. Please let your animal “rest” for at least 1-2 days after the adjustment. Follow-up recommendations will be discussed and, if requested, provided in writing.

Follow-Up & Standard Visits

A follow-up visit is normally recommended within the first 1-2 weeks after the initial appointment to determine changes and to reassess the patient. Long- and short-term recommendations for care can usually be determined at this point. Each patient is unique and requires individual attention for maximum benefits to occur.

Fees

	<u>First Visit</u>	<u>Follow-Up Visits</u>
Dogs, Cats, Small Animals	\$75	\$40
Horses, Llamas, and Alpacas	\$100	\$75
Goats and Sheep	\$85	\$60
Exotic & other animals	<i>considered on a case-by-case basis</i>	

Travel expenses: Due to time constraints our ability to make house calls is very limited. The fee for travel is \$1/mile, round trip, as measured from 9220 SW Barbur Blvd, with a minimum charge of \$30.